May 30, 31 & June 1, 2025

MAINE SYMPOSIUM

Location: University of Maine 4H Camp and Learning Center. Bryant Pond, Maine. Online: mainecanoesymposium.org



## Maine Canoe Symposium 2025 Program (v. May, 14, 2025) - Check the Info/Registration Table for any changes or updates

FRIDAY								
start	end							
4:00 PM	6:00 PM	Registration Check-in   Orientation						
6:00 PM	7:00 PM	Dining Hall Dinner   Saturday Morning Water Workshop Sign-ups Kids' Program						
6:45 PM	7:00 PM	Welcome: MCS Steering Committee					7:00 - 7:15pm   Parent & Child Orientation	Mae, Sean, Sarah, Paul, & Phil
7:15 PM	8:30 PM	Friday Feature The Traditional Penobscot Birchbark Canoe {placeholder title} w/ Jason Pardilla & {N				nes Needed}	7:15 - 8:30pm   Ice Breakers, Name Games, Gaga Ball, & Campfire	
9:00 PM	10:00 PM						ng (Waterfront) - Weather Dependent	
SATURDAY								
start	end	WATER				LAND		
		Location	Workshop	Instructor		Location	Workshop	Instructor
6:30 AM	7:15 AM	Coveside	English Gates - Canoe Skills Practice Course	Self Guided - Setup all weekend		Waterfront	Mindfulness for Paddlers - On Land	Shawn Burke
7:15 AM	8:30 AM	Dining Hall O Breakfast						
7:30 AM	8:45 AM	Dining Hall Morning Workshop Sign-ups						
$ \rangle\rangle$		WATER		$\int O^{*}$		LAND		
		Location	Workshop	Instructor		Location	Workshop	Instructor
9:00 AM	10:15 AM	Coveside	Introduction to Canoe Poling	Jean Gerber		Lakeside	Yoga for Paddlers	Leah Titcomb
		The Docks	Tandem Canoeing Fundamentals	Shawn Burke & Monica Schnitger		Waterhouse Park	Traditional Guide Kitchen Setup	TBD
						The Pines	Birch Bark Canoe Discussion	Jason Pardilla & (TBD)
		_			_	The Pines	Intro to Canoeing for Kids	Kids' Program
10:30 AM	11:45 AM		Women's Intro to Canoe Poling	Lisa DeHart		Dining Hall	Can you say "Che'aguahadonganek"?	Matt Hopkinson
			Finding Balance in your Canoe	Leah Titcomb			Campfire Cooking	TBD
		The Docks	Perfecting the J-Stroke	Kevin Slater & Becky Clough		Dining Hall	Securing Your Canoe Load: A Hands-On Guide to Tie-Down Methods	Bob Myron
		Coveside	AKT.	Kids' Program		1.46		
12:00 PM	1:00 PM	Dining Hall		Lu	inch	Afternoon Worl		
1:15 PM	2:30 PM	Coveside The Deeks	Northurada Canaa Straka, Tandara	lana Daman		Dining Hall	Debsconeag & Beyond: Share Your Maine Canoe Trips!	Martha Mixon, Sarah Hunter & You!
			Northwoods Canoe Stroke - Tandem	Jane Barron Keith Attenborough	-	Waterfront The Pines	Beautiful Views, Quick Sketches from Canoes Backcountry Meals from the Market	Jean Gerber
		THE DOCKS	Solo Canoeing - Three Basics I Learned the Hard Way	Keitii Attenborougii		TBD	Canoe Safety and Rescue - Know Before you Go	Monica Schnitger TBD
		Coveside		Kids' Program				
2:45 PM	4:00 PM	Coveside				Dining Hall	Paddle to the Stars: Discovering Maine's Darkest Skies by Canoe	John Meader
2.45110	4.00110		Flatwater Drills for Whitewater	Kevin Slater & Becky Clough		ThePines	Canoe Sailing - Practical Rigging for Canoe Trips	Benson Gray
			Tandem Canoeing Intermediate	Shawn Burke & Monica Schnitger	7	The Pines	101 Uses for a Canoe Pole	Matt Hopkinson
				(+)				
				otL		Coveside	ТВО	Kids' Program
12:00 PM	5:30 PM	The Pines		<u>Uro</u> ,		Silent Aucti	on OB	
5:45 PM	6:45 PM	Dining Hall						
7:00 PM	8:30 PM	Waterhouse Park	use Park Kid's - Campfire S'mores					
7:00 PM	8:30 PM	Dining Hall	ng Hall Saturday Feature - Beyond the Classroom: Student Exploration of Maine's NFCT with Teens-to-Trails					
8:20 PM	10:00 PM	Campfire Campfire   Star Viewing - Weather Dependent						
SUNDAY		_						
start	end	WATER				LAND		
		_	Workshop	Instructor		Location	Workshop	Instructor
6:30 AM	7:15 AM		t Mindfulness for Paddlers - On Water	Shawn Burke		Lakeside	Morning Yoga for Paddlers	TBD
7:15 AM	8:30 AM	Dining Hall						
		WATER	Instructor	Workshap		LAND	Warkshan	Instructor
0.00 ANA	10.15 AM	Location		Workshop		Location Dining Hall	Workshop	John Meader
9:00 AM	10:15 AM		Introduction to Canoe Poling Women in the Stern (Women only please)	Jean Gerber Polly Mahoney & Jennifer Neptune	-	Lakeside	Photography Workshop Quick and Effective Tarps and Shelters	John Meader Jeff DeHart
			Northwoods Canoe Stroke - Tandem	Jane Barron	-		Campfire Donuts	Andrew Dawson
		THE DOCKS			-	Waternouse Falk		
			1	I		TBD	TBD	Kids' Program
10:30 AM	11:45 AM	Coveside	Topics in Canoe Poling - Skills Development	Matt Hopkinson & Jean Gerber		Dining Hall	The Art of Preparation: Research and Realities of a Norwegian Canoe Trip	Bob Myron
20.50 AM			Tandem Skill Building	Polly Mahoney & Jennifer Neptune		TBD	Throw Bags, Ropes, Webbing, Caribeaners, & other Hardware	TBD
		The Docks		, interest and interest and		TBD	Cartopping & Canoe Transport	TBD
		Coveside		Kids' Program				
12:00 PM	1:00 PM	Dining Hall			Lun	ch   Door Prizes	Evaluations	1
1:15 PM	2:30 PM	Pack-up & Depart						